



2011 RANGE



INTRODUCTION

- HANSIE IMPORTS AUST. P/L is an entirely owned and operated Australian company
- Steven Callanan, the Founder & Director, has been in the Fitness Industry for over 16 x years
- The latest range has been finalised after more than 24 x months of industry research
- The research has been conducted over / involved:
 - All major fitness equipment suppliers
 - The factories producing the biggest brands world-wide
 - The factories producing the best quality at the best pricing
 - The factories offering the best warranties and back-up service

INTRODUCTION

- From our research the end result was simple:
Current Fitness Equipment suppliers and distributors in Australia are too expensive for what products they are offering
- The suppliers we are dealing with are all Original Equipment Manufacturers (OEM) for many worldwide brands such as Precor, Tuff Stuff, Nautilus, Techno Gym, Hoist, Star Trac, True Fitness, Paramount, Brunswick, Alex and more
- We buy direct from these factories, therefore, we cut out agents and middle-men that put a mark-up on the products
- The end result for our customers is:
 - The highest quality products being supplied to you at the lowest possible price
 - Full warranties
 - Full after sales service and product support locally

OUR BUSINESS MISSION

- To supply our customers with:
 - The highest quality product at the lowest price possible
 - A solid warranty that meets or exceeds industry standards
 - And to deliver what we promise in product, quality, service and after-sales support to all our customers
- To exceed all of our customers expectations
- To promote strong working business relationships

SUMMARY

- We deal direct with overseas manufacturers
- We have our own full-time employee on the ground who is of Chinese origin and speaks fluent Chinese and English
- He has been in the industry for over 13 x years and has a strong relationship with all the factories we deal with. He bridges the gap between Australia and China allowing smoother and more successful negotiation on pricing and product supply for our customers. Most importantly, he coordinates all orders and ensures our high expectations are met every time
- We work on a low commission, but high turnover allowing us to deliver a far more cost effective product solution for all of our clients
- Our aim is simple:

To deliver quality, value and a cost effective product solution to all of our customers

OUR SUPPLIER STANDARDS

OUR SUPPLIERS ARE:

- ISO9001:2000 certified (the most stringent international quality standards)
- Ranked in the Top 3 Fitness Equipment Manufacturers in Asia
- Original Equipment Manufacturers (OEM) for many worldwide brands such as Precor, Tuff Stuff, Nautilus, Techno Gym, Hoist, Star Trac, True Fitness, Paramount, Brunswick and Alex
- Long-standing companies that have been in business for over 20 years that use the latest production technology

OUR CARDIO & STRENGTH SUPPLIERS



- Factories cover over 33 acres
- Building area over 600,000 square feet
- 2,000+ employees
- On-site Production Department, Quality Control Department, Testing Center, Research and Development Center, Imports and Exports Departments, Finance Department and Administration Department

OUR CARDIO & STRENGTH SUPPLIERS CON'T



These factories are capable of producing per day:

- Home Treadmills: 650
- Commercial Treadmills: 90
- Home Strength: 600
- Commercial Strength: 200
- Spinning Bike: 200
- Commercial Elliptical, Recumbent & Upright: 50
- Home Elliptical: 250
- Home Recumbent & Upright: 700-1000

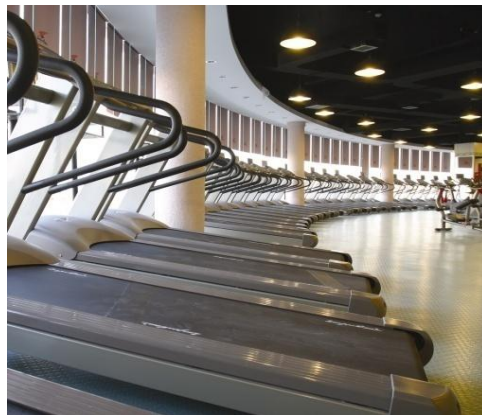
KEY COMPETANTCIES

- Own on-site tubing factory
- The first Fitness Equipment manufacturers in the world to implement TPS (Toyota Production System)
- Very strong and experienced R&D team (more than 60 mechanical and electrical engineers from one supplier alone!)
- Comprehensive quality management systems, which are highly valued by their customers; ensuring they deliver excellent quality products to all clients



KEY COMPETANCIES CON'T

- Capable of producing nearly all kinds of Fitness Equipment ranging from Home Use Equipment, Vertical Market Equipment to high-end Commercial Equipment
- For over 16 years have been the OEM supplier to many U.S. Fitness Equipment Companies
- Most suppliers are located in non-frozen harbor cities that have shipments departing every few days to worldwide harbors; have no power outages and no natural disasters



OUR WEIGHT & ACCESSORY SUPPLIERS



- Building area over 90,000 square feet
- 700+ employees
- On-site Production Department, Quality Control Department, Imports and Exports Departments, Finance Department and Administration Department.



OUR WEIGHT & ACCESSORY SUPPLIERS CON'T



These factories are capable of producing per day:

- General Weight Plates: 30 tonnes
- General Dumbbells: 18 tonnes
- General Weight Bars: 2,000 units
- General Accessories: 5,000 pieces



HOME GYMS



CS-1560

1560 Home Gym

- LWH: 1905x1240x2121 mm
75x48x83.5 in
- N.W: 239.4 Kg
- 40°: 68 sets



CS-1860

1860 Home Gym

- LWH: 1799x1207x2114 mm
75x48x83.5 in
- N.W: 251.4 Kg
- 40°: 60 sets



CS-2060

2060 Home Gym

- LWH: 2298x1956x2120 mm
90.5x77x83.5 in
- N.W: 428 Kg
- 40°: 40 sets



CS-LP3

Home Gym Attachment

- LWH: 1673x1039x967 mm
65.9x40.9x38.1 in
- N.W: 65 Kg
- 40°: 220 sets

BENCHES



CS-FB

Flat Bench

- LWH: 1305x525x493 mm
51.4x20.7x19.4 in
- N.W: 23 Kg
- 40°: 532 sets



CS-FI

Flat/Incline Bench

- LWH: 1603x654x488 mm
63.1x25.7x19.6 in
- N.W: 33 Kg
- 40°: 432 sets



CS-FID

Multi-Purpose Bench

- LWH: 1581x654x515 mm
62.2x25.8x20.3 in
- N.W: 32 Kg
- 40°: 420 sets



CS-OB

Olympic Bench

- LWH: 1438x1264x1468 mm
56.6x49.8x57.8 in
- N.W: 61 Kg
- 40°: 252 sets

UPPER BODY



CS-45
45-Degree Hyperextension
- LWH: 1212x743x772 mm
47.7x29.3x30.4 in
- N.W: 25 Kg
- 40: 340 sets



CS-AH
Adjustable Hyperextension Bench
- LWH: 1260x743x917 mm
49.6x36.1x29.3 in
- N.W: 37 Kg
- 40: 396 sets



CS-SPC
Seated Preacher Curl
- LWH: 1021x712x824 mm
40.2x28x32.4 in
- N.W: 25 Kg
- 40: 420 sets



CS-ABM
Ab/Back Machine
- LWH: 1520x1005x1060 mm
61.6x39.5x43.5 in
- N.W: 40 Kg
- 40: 119 sets



CS-AAB
Adjustable Abdominal Bench
- LWH: 1683x568x1148 mm
66.3x22.4x45.2 in
- N.W: 32.4 Kg
- 40: 500 sets



CS-AC
Abdominal Crunch
- LWH: 1103x476x578 mm
43.4x18.7x22.8 in
- N.W: 17.5 Kg
- 40: 736 sets



CS-PT
Power Tower
- LWH: 1320x610x2105 mm
52.8x24.8x82.8 in
- N.W: 74 Kg
- 40: 245 sets



CS-LATM
Lat Machine
- LWH: 1450x730x2050 mm
56.7x48x82.7 in
- N.W: 53 Kg
- 40: 308 sets



CS-RC
Roman Chair
- LWH: 1361x743x1091 mm
53.6x29.3x43 in
- N.W: 25 Kg
- 40: 504 sets

LOWER BODY



CS-CR
Calf Raise

- LWH: 1100x580x850 mm
47.6x22.1x42.5 in
- N.W: 28 Kg
- 40: 520 sets



CS-LEGM
Leg Extension/Curl Machine

- LWH: 1215x1045x1047 mm
47.8x41.1x41.2 in
- N.W: 49 Kg
- 40: 216 sets



CS-LPHS
Leg Press/Hack Squat Machine

- LWH: 2285x820x1295 mm
90x32.3x51 in
- N.W: 158 Kg
- 40: 108 sets

CABLE COL UMINS



CS-CC
Cable Crossover

- LWH: 3660x1040x2120 mm
141.7x40.9x83.3 in
- N.W: 265.1 Kg
- 40: 68 sets



CS-FT
Functional Trainer

- LWH: 1800x900x2130 mm
65x31.9x83.5 in
- N.W: 345.6 Kg
- 40: 56 sets

WEIGHT STORAGE



CS-DB3
Dumbbell Rack - 3'

- LWH: 1079x473x677 mm
42.5x18.6x26.7 in
- N.W: 29 Kg
- 40: 600 sets



CS-DB4
Dumbbell Rack - 4'

- LWH: 1372x473x869 mm
54x18.6x34.2 in
- N.W: 41 Kg
- 40: 432 sets



CS-PTO
Plate Tree - Olympic

- LWH: 843x632x1108 mm
33.2x24.8x43.5 in
- N.W: 19.5 Kg
- 40: 890 sets

RACKS



CS-HC

Half Cage

- LWH: 1175x1815x2090 mm
67.7x71.5x83.7 in
- N.W: 96 Kg
- 40°: 150 sets



CS-HCL

Half Cage Lat Attachment

- LWH: 1800x400x2100 mm
70.9x15.7x82.7 in
- N.W: 39 Kg
- 40°: 234 sets



CS-HCP

Half Cage Pec Fly Attachment

- LWH: 953x356x1538 mm
37.5x14x60.6 in
- N.W: 24 Kg
- 40°: 508 sets



CS-HCS

Half Cage Smith Attachment

- LWH: 1946x300x1727 mm
76.6x11.8x68 in
- N.W: 42 Kg
- 40°: 425 sets



CS-PC

Power Cage

- LWH: 1231x1231x2110 mm
48.5x48.5x83.1 in
- N.W: 91 Kg
- 40°: 90 sets



CS-PCL

Power Cage Lat Attachment

- LWH: 2061x1213x958 mm
81.1x47.6x37.7 in
- N.W: 31 Kg
- 40°: 420 sets



CS-SS

Squat Stand

- LWH: 1226x1575x1735 mm
48.3x62x68.3 in
- N.W: 56 Kg
- 40°: 320 sets

ATTACHMENT



CS-ARMA

Arm Curl Attachment

- LWH: 584x434x761 mm
23x17.1x30 in
- N.W: 8.2 Kg
- 40°: 840 sets



CS-LEGA

Leg Extension/Curl Attachment

- LWH: 485x426x470 mm
19.1x16.8x18.5 in
- N.W: 7 Kg
- 40°: 1920 sets

DUAL MOTION



CPL 9002 – Lat Pulldown/Seated Row

Length:	1764 mm
Width:	1019 mm
Height:	2192 mm



CPL 9010 – Leg Press/Calf Raise

Length:	1910 mm
Width:	1130 mm
Height:	1520 mm

DUAL MOTION



CPL 9016 – Inner/Outer Thigh

Length: 1590 mm
Width: 710 mm
Height: 1520 mm



CPL 9019 – Leg Extension/Leg Curl

Length: 1230 mm
Width: 1220 mm
Height: 1520 mm

DUAL MOTION



CPL 9021 – Multi Press

Length: 2033 mm
Width: 1316 mm
Height: 1520 mm



CPL 9022 – Pec Deck/Rear Delt

Length: 1365 mm
Width: 1278 mm
Height: 2060 mm

DUAL MOTION



CPL 9023 – Biceps/Triceps

Length: 1080 mm
Width: 1207 mm
Height: 1520 mm



CPL 9024 – Ab/Lower Back

Length: 1010 mm
Width: 1100 mm
Height: 1520 mm



CSL 01 - Chest Press

Length: 1370 mm
Width: 1983 mm
Height: 1719 mm
Machine Weight: 173 kg
Max Load:



CSL 02 – Pull Down

Length: 1482 mm
Width: 1489 mm
Height: 1967 mm
Machine Weight: 151 kg
Max Load:



CSL 03 - Shoulder Press

Length: 1558 mm
Width: 1818 mm
Height: 1487 mm
Machine Weight: 170 kg
Max Load:



CSL 04 – Low Row

Length: 1761 mm
Width: 1380 mm
Height: 1652 mm
Machine Weight: 173 kg
Max Load:



CSL 05 – Incline Chest Press

Length: 1523 mm
Width: 1901 mm
Height: 1781 mm
Machine Weight: 185 kg
Max Load:



CSL 06 – Leg Press

Length: 2226 mm
Width: 1421 mm
Height: 1419 mm
Machine Weight: 189 kg
Max Load:



CSL 07 - Row

Length: 1815 mm
Width: 1500 mm
Height: 1335 mm
Machine Weight: 162 kg
Max Load:



CSL 08 – Rear Kick

Length: 1680 mm
Width: 1229 mm
Height: 1638 mm
Machine Weight: 143 kg
Max Load:



CSL 09 – Power Rack

Length: 2031 mm
Width: 1499 mm
Height: 2278 mm
Machine Weight: 222 kg
Max Load:



CSL 09OPT – Power Rack Option

Length: 717 mm
Width: 1675 mm
Height: 2199 mm
Machine Weight: 68 kg
Max Load:



CSL 10 – Plate Rack

Length: 900 mm
Width: 638 mm
Height: 1238 mm
Machine Weight: 37 kg
Max Load:



CSL 11 – FID Bench

Length: 1350 mm
Width: 670 mm
Height: 1350 mm
Machine Weight: 39 kg
Max Load:



CSL 12 – FI Bench

Length: 1550 mm
Width: 670 mm
Height: 1350 mm
Machine Weight: 48 kg
Max Load:



CSL 13 – Glute/Hamstring Bench

Length: 1562 mm
Width: 914 mm
Height: 1477 mm
Machine Weight: 63 kg
Max Load:



CSL 14 – Half Power Rack

Length: 1389.5 mm
Width: 1747 mm
Height: 2442.3 mm
Machine Weight: 141 kg
Max Load:



CSL 15 – Full Power Rack

Length: 1966 mm
Width: 1747 mm
Height: 2442 mm
Machine Weight: 213 kg
Max Load:

Smith Machine CIT7001

7kg take-off weight allows users of all levels the ability to exercise
90 degree path of motion for adaptability to all exercises
Linear bearings for smooth motion
Length: 234cm
Width: 127cm
Height: 244cm
Weight Capacity: 500kgs
Machine Weight: 320kgs



Seated Preacher Curl CIT7002

Angled elbow pad at 55 degrees to vary resistance and improve user comfort
Angled seat pad at 10 degrees to improve stability and comfort
Dual take off pins for improved safety
Length: 94cm
Width: 71cm
Height: 244cm
Weight Capacity: 250kgs
Machine Weight: 40kgs



Abdominal Bench CIT7003

Ergonomic design ensures proper positioning for abdominal crunches and allows a slight degree of extension for targeted muscle stimulation
Two foot bars for varied size users
Weight loading horn for additional resistance if required
Length: 180cm
Width: 76cm
Height: 99cm
Weight Capacity: 200kgs
Machine Weight: 45kgs



Stretching Machine CIT7004

Strong oversized foot pedals with multiple stretching angles
Designed to suit any user and target all muscle groups
Length: 129cm
Width: 56cm
Height: 90cm
Weight Capacity: 200kgs
Machine Weight: 40kgs



Seated Calf Raise CIT7005

Adjustable knee Pads for tibia length and range of motion
Quick release support pivots upwards to engage
Seat moves with the input arm to maintain alignment
Length: 145cm
Width: 79cm
Height: 91cm
Weight Capacity: 250kgs
Machine Weight: 70kgs



Leg Press Hack Squat CIT7006

Easy to operate racking mechanism for improved safety
Linear bearings for smooth motion
Polyethylene foot platform for impact, corrosion and abrasion resistance
Moulded pads for comfort and durability
Length: 226cm
Width: 124cm
Height: 132cm
Weight Capacity: 750kgs
Machine Weight: 140kgs



Multi Hyper-extension **CIT7007**

Comfortable oversized padding
Adjustable height settings to suit all users
Adjustable angle settings for varied range of motion

Length: 121cm
Width: 73cm
Height: 93cm
Weight Capacity: 200kgs
Machine Weight: 61kgs



Flat Bench **CIT7009**

Comfortable supportive padding
3 point contact for greater floor support

Length: 122cm
Width: 74cm
Height: 46cm
Weight Capacity: 280kgs
Machine Weight: 45kgs



Vertical Knee Raise **CIT7010**

Offset angle for greater support
Comfortable supportive padding
Users can perform vertical knee raises or dips

Length: 112cm
Width: 78cm
Height: 155cm
Weight Capacity: 200kgs
Machine Weight: 53kgs



FID Bench **CIT7011**

Space saving design allows a flat and incline bench in one single machine
Back pad adjusts from -5 degrees to 85 degrees

Seat pad adjusts from 0 to 30 degrees
Length: 140cm
Width: 73cm
Height: 130cm
Weight Capacity: 280kgs
Machine Weight: 61kgs



Dumbbell Rack **CIT7012**

Holds 12 pairs of pro style dumbbells
Angled to allow ease of unloading and reloading dumbbells

Length: 159cm
Width: 82cm
Height: 99cm
Weight Capacity: 1000kgs
Machine Weight: 70kgs



Multi Abdominal Bench **CIT7013**

Angled leg padding for comfort and support
Adjusts from flat to decline to suit all users

Length: 174cm
Width: 73cm
Height: 90cm
Weight Capacity: 200kgs
Machine Weight: 45kgs



Olympic Flat Bench CIT7014

Comfortable back support
3 different points of racking with
6" spacing
4 weight plate holders at rear
Length: 170cm
Width: 166cm
Height: 137cm
Weight Capacity: 350kgs
Machine Weight: 110kgs



Olympic Incline Bench CIT7015

Comfortable back support with
adjustable bottom support
Spotters platform at rear
3 different points of racking with
6" spacing
4 weight plate holders at rear
Length: 170cm
Width: 174cm
Height: 137cm
Weight Capacity: 350kgs
Machine Weight: 135kgs



Olympic Decline Bench CIT7016

Comfortable back support with
adjustable front support
15 degree seat angling provides effective
muscle workout without shoulder stress
3 different points of racking with
6" spacing
4 weight plate holders at rear
Length: 180cm
Width: 174cm
Height: 137cm
Weight Capacity: 350kgs
Machine Weight: 75kgs



Olympic Weight Tree CIT7017

Nine chrome plate storage horns for
Olympic plates
Rubber bumpers to protect finish
Smart ergonomics with heavier plates
higher from ground for easier removal
and/or replacement
Length: 96cm
Width: 63cm
Height: 120cm
Weight Capacity: 1000kgs
Machine Weight: 42kgs



Chest Press CIT9001

Arms maximise the stimulation to the
pectoral muscles through patented
movement
Counterbalanced pivot points for
ease of use
Oversized handgrips for greater comfort
Length: 148cm
Width: 133cm
Height: 149cm
Weight Stack Standard: 200lbs
Weight Stack Upgrade: 275lbs
Machine Weight: 217kgs



Lat Pull Down CIT9002

Diverging arm movement provides
natural path of motion
Angled seat offers ergonomic positioning
Adjustable pads provide stability
and support
Movement specific grips provide greater
comfort and minimal joint pressure
Counterbalanced pressing arms ensure
correct starting resistance
Length: 145cm
Width: 127cm
Height: 198cm
Weight Stack Standard: 200lbs
Weight Stack Upgrade: 275lbs
Machine Weight: 231kgs



Arm Curl **CIT9003**

Arm pad provides angular support to ensure biceps are properly targeted
Counterbalanced pivot points for optimal starting position
Over sized hand grips reduce strain on the wrists.

Length: 137cm

Width: 117cm

Height: 149cm

Weight Stack Standard: 150lbs

Weight Stack Upgrade: 200lbs

Machine Weight: 168kgs



Pec Dec **CIT9004**

Independent arm action suitable for rehabilitation usage
Multiple hand grip for varied height users
Foot adjuster rod to start range of motion

Length: 109cm

Width: 153cm

Height: 149cm

Weight Stack Standard: 150lbs

Weight Stack Upgrade: 200lbs

Machine Weight: 222kgs



Leg Extension **CIT9005**

Standard range of motion adjustment for individual range of motion/limitations
Lower leg adjustment for individual height differences
Seat angle reduces hamstring flexion and maximizes usage of the quadriceps

Length: 142cm

Width: 113cm

Height: 149cm

Weight Stack Standard: 200lbs

Weight Stack Upgrade: 275lbs

Machine Weight: 218kgs



Seated Leg Curl **CIT9006**

Standard range of motion adjustment for individual range of motion/limitations
Seat back pad and tibia pad adjust without affecting knee alignment or start positioning angle

Axis of alignment fully adjustable

Length: 180cm

Width: 113cm

Height: 149cm

Weight Stack Standard: 200lbs

Weight Stack Upgrade: N/A

Machine Weight: 222kgs



Seated Leg Curl **CIT9007**

Knee position pad adjusts to ensure correct starting position is achieved
Seat back pad and tibia pad adjust without affecting knee alignment or start positioning angle

CAMS (constant adaptive movement) to ensure hamstrings work according to strength curve

Length: 180cm

Width: 113cm

Height: 149cm

Weight Stack Standard: 200lbs

Weight Stack Upgrade: N/A

Machine Weight: 222kg



Abductor/Adductor **CIT9008**

Dual footrests and knee pads provide ergonomic support with dual footrests eliminating unwanted torque around the knees

Weight stack positioned in front of the user providing privacy

Adjustable back support to accommodate different individuals

Length: 81cm

Width: 173cm

Height: 149cm

Weight Stack Standard: 150lbs

Weight Stack Upgrade: N/A

Machine Weight: 196kg



Multi Hip **CIT9009**

Perform hip exercises from standing positions allowing correct alignment
Adjustable rotating arm to suit all heights
Starting position from 15 degrees to 270 degree intervals

Length: 100cm

Width: 129cm

Height: 149cm

Weight Stack Standard: 200lbs

Weight Stack Upgrade: 275lbs

Machine Weight: 260kg



Leg Press **CIT9010**

Four-bar linkage enhances alignment and provides variable resistance
Curved linear range of motion reduces force on the knee joint
Large adjustable footplate accommodates different user sizes.

Length: 206cm

Width: 112cm

Height: 149cm

Weight Stack Standard: 200lbs

Weight Stack Upgrade: 300lbs

Machine Weight: 284kg



Back Extension **CIT9011**

Adjustable non-skid footrests for stability
Counterbalance starting position to ensure correct weight at start of range of motion
CAMS (constant adaptive movement) to ensure the back works within the strength curve.

Length: 114cm

Width: 103cm

Height: 149cm

Weight Stack Standard: 200lbs

Weight Stack Upgrade: 275lbs

Machine Weight: 223kg



Shoulder Press **CIT9012**

Oversized handgrips provide greater comfort and variety
Range of motion is adjusted with the use of the seat position

Dual seat adjusters allow correct positioning to accommodate various user sizes

Length: 194cm
Width: 147cm
Height: 149cm

Weight Stack Standard: 200lbs

Weight Stack Upgrade: 275lbs

Machine Weight: 236kg



Cable Cross Over **CIT9013**

Completely adjustable cable columns on both sides for versatility in exercises
Chin-up bar in centre with multi grips
Large width to accommodate multi users and allow large range of motion

Length: 386cm

Width: 100cm

Height: 236cm

Weight Stack Standard: 2 x 200lbs

Weight Stack Upgrade: N/A

Machine Weight: 384kg



Abdominal Crunch **CIT9014**

Seat angles have been designed to isolate abdominals and maximize work out

Seat and handle position designed for greater user stability

Length: 136cm

Width: 105cm

Height: 149cm

Weight Stack Standard: 200lbs

Weight Stack Upgrade: N/A

Machine Weight: 218kg



Pec Fly / Rear Delt CIT9015

Dual hand grips accommodate different sizes
Multiple arm positioning for isolation of pectoral and deltoid muscles also allowing corrective and rehab work
Adjustable starting position to suit all users including rehab programs
Length: 166cm
Width: 129cm
Height: 200cm
Weight Stack Standard: 200lbs
Weight Stack Upgrade: 275lbs
Machine Weight: 257kg



Rotary Calf CIT9016

Adjustable non-skid footrests for stability
Adjustable back pad for comfort and support
Length: 165cm
Width: 113cm
Height: 149cm
Weight Stack Standard: 200lbs
Weight Stack Upgrade: N/A
Machine Weight: 246kg



Seated Dip CIT9017

Angled back rest provides perfect support
Counterbalanced pivot points for optimal starting position
Adjustable seat height to suit all users and allow different starting positions
Length: 164cm
Width: 114cm
Height: 149cm
Weight Stack Standard: 200lbs
Weight Stack Upgrade: N/A
Machine Weight: 217kg



Torso Rotation CIT9018

Range of motion completely adjustable in 15 degree increments
Comfortable padding for shoulder and leg support
Rubber foot rests for improved grip and support
Length: 118cm
Width: 121cm
Height: 149cm
Weight Stack Standard: 150lbs
Weight Stack Upgrade: 200lbs
Machine Weight: 247kg



Vertical Row CIT9019

Adjustable starting position to suit all users
Multi grip handles to allow varied muscle isolation
Adjustable seat height to suit different height users
Length: 158
Width: 109cm
Height: 149cm
Weight Stack Standard: 200lbs
Weight Stack Upgrade: 275lbs
Machine Weight: 198kg



Weight Assist Chin / Dip CIT9020

Multi grip bar for wide grip and closed grip positions
2 steps with low step up heights for ease of access
Designed to suit all users with large range of motion
Length: 122cm
Width: 136cm
Height: 220cm
Weight Stack Standard: 200lbs
Weight Stack Upgrade: N/A
Machine Weight: 210kg



Lying Leg Curl **CIT9021**

Adjustable leg padding allows user comfort and support
Comfortable arm rests with hand grips for improved support
Oversized padding to suit all users
Length: 179cm
Width: 114cm
Height: 149cm
Weight Stack Standard: 200lbs
Weight Stack Upgrade: N/A
Machine Weight: 228kg



Lat Pull / Vertical Row **CIT9022**

Adjustable thigh pads to accommodate different heights
Comfortable rubber foot grips for rowing function
Large height to allow full range of motion to all users
Length: 122cm
Width: 185cm
Height: 220cm
Weight Stack Standard: 200lbs
Weight Stack Upgrade: 275lbs
Machine Weight: 229kg



Arm Curl **CIT9023**

Comfortable oversized arm pad for comfort and support
Adjustable seat to suit all users
Counterbalanced arm for true starting weight
Length: 115cm
Width: 114cm
Height: 149cm
Weight Stack Standard: 150lbs
Weight Stack Upgrade: 200lbs
Machine Weight: 214kg



Lateral Raise **CIT9024**

Large range of motion
Adjustable seat height to suit all users
Comfortable arm rollers for comfort during use
Length: 120cm
Width: 94cm
Height: 149cm
Weight Stack Standard: 200lbs
Weight Stack Upgrade: N/A
Machine Weight: 214kg



Adjustable Hi/Lo Pulley **CIT9025**

Completely adjustable cable column for versatility in exercises
Expandable Modules: Connect the E9025 to the E9027OPT and the E9027 to form a 5 stack multi gym
Length: 139cm
Width: 89cm
Height: 225cm
Weight Stack Standard: 200lbs
Weight Stack Upgrade: 275lbs
Machine Weight: 188kg



Glute **CIT9026**

Comfortable support pad with large multi grip bars
Large range of motion to suit all users
Length: 107cm
Width: 105cm
Height: 149cm
Weight Stack Standard: 200lbs
Weight Stack Upgrade: 275lbs
Machine Weight: 217kg



Back Extension **CIT9032**

Adjustable non-skid footrests for stability
Counterbalance starting position to ensure correct weight at start of range of motion
CAMS (constant adaptive movement) to ensure the back works within the strength curve.

Length: 119cm
Width: 98cm
Height: 149cm
Weight Stack Standard: 200lbs
Weight Stack Upgrade: 275lbs
Machine Weight: 208kg



Abdominal **CIT9033**

Maximised support with arm rests and angled hand grips
Targeted abdominal workout
Adjustable seat height to suit all users

Length: 156cm
Width: 126cm
Height: 149cm
Weight Stack Standard: 200lbs
Weight Stack Upgrade: N/A
Machine Weight: 222kg



Multi Function Trainer **CIT9030**

Designed to suit single or multiple users
Completely adjustable dual cable columns for versatility in exercises
Reinforced bearings for even further strength and smoothness in feel

Length: 150cm
Width: 146cm
Height: 218cm
Weight Stack Standard: 2 x 200lbs
Weight Stack Upgrade: 2 x 275lbs
Machine Weight: 343kg



Chest Press **CIT9031**

Converging arm movement for improved chest development
Counterbalanced pivot points for ease of use

Oversized handgrips for greater comfort
Length: 149cm
Width: 136cm
Height: 183cm
Weight Stack Standard: 200lbs
Weight Stack Upgrade: 275lbs
Machine Weight: 215kg



4 Way Multi Station **CIT9027**

Stations: Lat pulldown, tricep pushdown, seated row and cable column
Adjustable lat seat for comfort and completely adjustable cable column for versatility in exercises

Expandable Modules: Connect the E9027 to the E9027OPT and another E9027 to form an 8 stack multi gym

Length: 335cm
Width: 209cm
Height: 233cm
Weight Stack Standard: 4 x 200lbs
Weight Stack Upgrade: 4 x 275lbs
Machine Weight: 689kg



Chin Bar Option **CIT9027OPT**

Chin-Up Bar Option suits E9027 or E9013
Connects to E9027 or E9025 to form a 5 or 9 station multi gym



CARDIO RANGE – FULL COMMERCIAL GRADE TREADMILL



PT-400

- LxWxH: 213.6 x 93.4x 143.2cm
- N.W.: 205kg
- Running Belt: 51 x 152 cm
- Drive Motor: 4HP (AC)
- Incline: 0 – 15%
- Speed: 1 – 25km/h
- Display: 7" LCD Blue Backlit
- Console Readouts: Speed, Time, Pulse, Incline, Calorie, Distance, Dot Matrix
- Max.User Weight: 180kg
- 20' / 40': 20 / 40sets
- Warranties (if applicable):

7 years	Frame
3 years	Treadmill AC Motor
2 years	Display PCB, Motor Controller, Generator / EMS / ECB Brake
1 year	Key Pad, Durable Wear Parts, Treadmill DC Motor

CARDIO RANGE – ELLIPTICAL



IE500

- Brake System: Self - Generating
- Drive System: Ribbed Belt, Secondary Drive System
- Power Supply: Self - Generating
- LxWxH: 208.3 x 69 x 198 cm
- N.W.: 130kg
- Least / Largest Power (60RPM): 25 / 310 (W)
- Work Levels: 16
- Max. User Weight: 150kg
- 20' / 40' : 14 / 32sets
- Warranties (if applicable):

7 years	Frame
3 years	Treadmill AC Motor
2 years	Display PCB, Motor Controller, Generator / EMS / ECB Brake
1 year	Key Pad, Durable Wear Parts, Treadmill DC Motor

CARDIO RANGE – UPRIGHT BIKE



IB500

- Display Windows: 2
- Brake System: Self-Generating
- Drive System: Ribbed Belt, Secondary Drive
- Power Supply: Self - Generating
- LxWxH: 135 x 75 x 148 cm
- N.W.: 70kg
- Least / Largest Power (60RPM): 25 / 310 (W)
- Work Levels: 16
- Max. User Weight: 150kg
- 20' / 40': 81 / 164sets
- Warranties (if applicable):

7 years	Frame
3 years	Treadmill AC Motor
2 years	Display PCB, Motor Controller, Generator / EMS / ECB Brake
1 year	Key Pad, Durable Wear Parts, Treadmill DC Motor

CARDIO RANGE – RECUMBENT BIKE



IR500

- Display Windows: 2
- Brake System: Self-Generating
- Drive System: Ribbed Belt, Secondary Drive System
- Power Supply: Self - Generating
- LxWxH: 164 x 75 x 124 cm
- N.W.: 80kg
- Least / Largest Power (60RPM): 25 / 310 (W)
- Work Levels: 16
- Max. User Weight: 150kg
- 20' / 40': 47 / 94sets
- Warranties (if applicable):

7 years	Frame
3 years	Treadmill AC Motor
2 years	Display PCB, Motor Controller, Generator / EMS / ECB Brake
1 year	Key Pad, Durable Wear Parts, Treadmill DC Motor

CARDIO RANGE – FULL COMMERCIAL GRADE SPINNING BIKE



CF-300

- Features: Front Transport Wheels
Emergency Brake
22kg Fly Wheel
Water Bottle Holder
- Adjustable: Up/Down, Forward/Back
- Resistance: Turn Dial
- Footprint: 120.2 x 52.8 x 111 cm
- Carton Dimension: 111 x 29 x 96 cm
- N.W.: 65kg / G.W.: 72kg
- Max. User Weight: 150 kg
- 20' / 40': 88 / 180sets
- Warranties (if applicable):

7 years	Frame
1 year	Durable Wear Parts

CARDIO RANGE – FULL COMMERCIAL GRADE ROWER



IS-400

- LxWxH: 277.5 x 51.5 x 80 cm
- N.W.: 47.5kg
- Max. User Weight: 150kg
- 40' HC: 260 sets
- Warranties (if applicable):

7 years	Frame
1 year	Durable Wear Parts,

WEIGHTS AND BAR RANGE



HLDBC005



HLDBC017 (1 X PIECE BARBELL)



HLDB185



HLDB179



HLDB109



HLDB125



WEIGHTS AND BAR RANGE



HL2026 (16")



HL2008



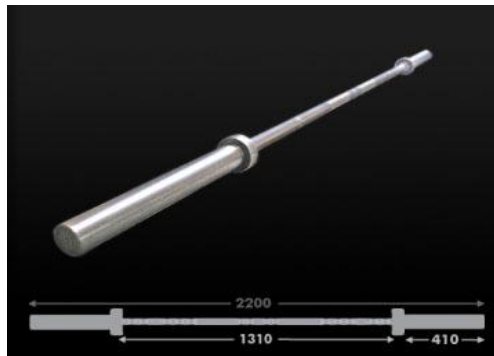
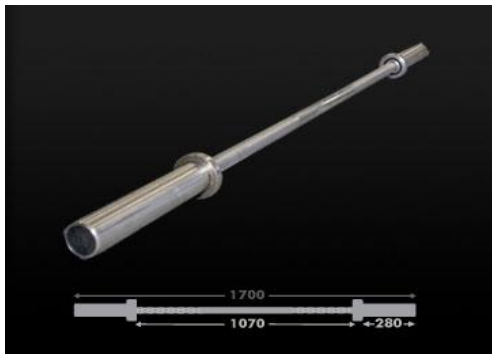
HL2012-14



HL2015



MB-26



HL2001



MB-19



MB-13



HL2008



MB-27



MB-11



MB-21



MB-25



SC04



MB-08



MB-09



MB-07



MB-10

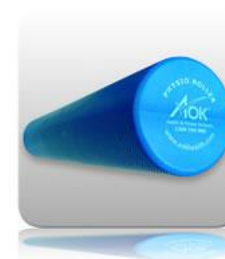


SC09, OC07

WEIGHTS AND BAR RANGE



WEIGHTS AND BAR RANGE



FLOOR PLAN AREA 1



FLOOR PLAN AREA 2

